WEEKLY EXTRA · THE DRILL SHEET

A four-week drill sheet

One skill. One person. Four weeks. Fill the skill and the standard before you use the prompt. You assign the rep, you review the work. The model does not score the person.

YOU FILL THIS BEFORE ANY PROMPT

Person

Skill one line, something they can practice in front of you

Standard what good looks like, and what you will send back

WEEK · SHAPE THAT WORKS	REP	DONE WHEN	YOUR REVIEW AGAINST THE STANDARD
Week 1 *A small piece, beside you.*			
Week 2 *The next piece, with less of you in it.*			
Week 3 *They do it, and they write what they would change first.*			
Week 4 *A real piece of work. You say whether it met the bar.*			**Met the bar? Yes or no, and why**

COPY-PASTE PROMPT · FOUR-WEEK DRILL — add your skill and standard

You are helping a manager design practice, not a course. Skill and standard are below. Propose four weeks, one rep each. Each rep must use real work a software team already has, take under half a day, and end with the manager reviewing the work against the standard. No reading lists. No quizzes. Do not score the person. If the skill is too vague to practice, say so in one line and stop. Skill: … Standard: …

DO NOT HAND THE MODEL

- ☐ A rating of the person.
- ☐ A stack of skills. One.
- ☐ The job description, if you have not named the skill yourself.

> AI lists the drills. You pick the skill and the standard.